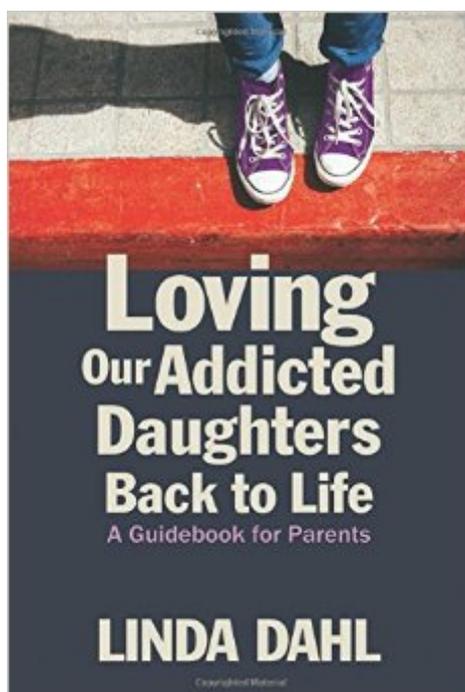


The book was found

# Loving Our Addicted Daughters Back To Life: A Guidebook For Parents



## Synopsis

The latest information on gender-specific treatment of addiction and recovery can be found in this go-to manual for parents seeking direction to help their daughters. Step-by-step guidelines present tools for recognizing substance abuse in young women; communicating with them and their care providers; dealing with relapse and long-term recovery; and managing parental shame, guilt, fear, anger, and loving detachment. Linda Dahl is the author of six books, including *Morning Glory* (2012), chosen as a New York Times Notable Book of the Year. A mother of two, she currently resides in New York.

## Book Information

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Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (2 customer reviews)

Best Sellers Rank: #1,226,583 in Books (See Top 100 in Books) #611 in [Books > Parenting & Relationships > Family Relationships > Parent & Adult Child](#) #889 in [Books > Parenting & Relationships > Parenting > Parenting Girls](#) #2636 in [Books > Health, Fitness & Dieting > Addiction & Recovery > Substance Abuse](#)

## Customer Reviews

At the time of my son, William's, death due to heroin over two years ago his mother, sister and I made a pledge to William at his memorial service: "We promise to do everything in our power to educate and inform people about drug abuse and its prevention, to provide ever more enlightened treatment for addicts, to help make treatment options for addicts more readily available, and to remove the stain of shame surrounding this disease." • We established a fund to help us in our effort. It was our effort to accomplish what Andrew Solomon means when he says, "We all have our darkness, and the trick is making something exalted from it." • Still stuck in our loneliness and grief we were unaware of numerous other families who have dedicated themselves to similar endeavors. We've since learned about or met people who have endowed lectures, hosted television and radio shows, organized vigils and demonstrations, lobbied lawmakers, challenged

insurance companies, trained as substance abuse counselors, worked as telephone hotline volunteers, raised money through marathons, long distance bike rides, softball tournaments, initiated successful community organizationsâthe list goes on. Linda Dahl is well aware of the power of these grassroots efforts âgrowing exponentiallyâ. Already an accomplished writer, she now steps to the forefront of the grassroots movement with her new book, *Loving Our Addicted Daughters Back to Life* â A Guidebook for Parents. Lindaâs last chapter is titled âJust Say Yes: Whatâs New and What You Can Do.â In it she writes: âWhen you realized you daughter had a problem, did you feel the schools, doctors, and therapists you turned to really helped? If you looked for treatment, was that experience clearly explained to you and worth the investment?

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